



SAINT ANTHONY

Our Mission: May Christ's grace renew us to exercise His gifts. (see Rom 12:4-6)

Reverend Timothy Hjelstrom
Reverend Martin Frias-Guardado
Deacon Ronald Michieli
Deacon Bernard Schwartz
326 South 3rd St.
Sterling, Colorado 80751
(970)522-6422

For Sacramental Emergencies,
please call (970)522-6422

Church Email: parish@saintanthonyssterling.org
Church Website: www.saintanthonyssterling.org

Holy Mass

Saturday Vigil5:00 p.m.
Sunday.....7:00 a.m., 9:00 a.m.
Domingo (en Español).....12:00 p.m.
Tues, Wed, Thur, Fri..... 8:00 a.m.

Sacrament of Reconciliation:

Saturday..... 9:00 a.m.



SACRED HEART

Physical Address: 621 Logan St., Peetz, CO

Eucharistic Celebrations:

Sunday8:00 a.m.

Sacrament of Reconciliation:

Sunday7:30 a.m.



SAINT CATHERINE OF SIENA

Physical Address: 111 S. 5th St., Iliff, CO

Eucharistic Celebrations:

Sunday.....10:00 a.m.

Sacrament of Reconciliation:

Sunday.....9:30 a.m.

Essays on Prayer - Number 2 July 13, 2025



This is the second of a series of short essays on prayer. The topic we will discuss this week is types or forms of prayer. In response to the question "How many types of prayer are there?" Pope John XXIII asked, "How many people are praying?" So, there are many types of prayer. The Catechism

breaks prayer down into five major types or forms of prayer: Blessings and Adoration, Prayers of Petition, Intercession, Thanksgiving and Praise. We will discuss each one briefly. All quotes are from the Catechism of the Catholic Church.

A Prayer of Blessing is a two-way street. "...our prayer ascends in the Holy Spirit through Christ to the Father-we bless him for having blessed us; it implores the grace of the Holy Spirit that descends through Christ from the Father-he blesses us." "Adoration is...man acknowledging that he is a creature before his Creator. Adoration is homage..."

In Prayers of Petition, we are praying to God for something for ourselves, something we need or want. The first thing to always remember about prayers of petition is that we should always ask God for forgiveness first. This humble turning to God prepares us to present our petitions to Him and makes our prayer of petition more acceptable to Him.

Prayers of Intercession are Prayers of Petition but for someone else. It is a prayer that asks for something on behalf of someone besides ourselves and "...leads us to pray as Jesus did. He is the one intercessor with the Father on behalf of all men, especially sinners." These prayers of "...intercession of Christians recognizes no boundaries." In other words, we can pray for anything good, for anyone, even our enemies.

Prayers of Thanksgiving are exactly what they sound like, prayers to thank God for all the good things and people in our lives, for saving us from sin and death, and for His infinite goodness and love for us. We have so much to be thankful for that including a prayer of thanksgiving every time we pray brings us closer to God and compels us to pray from a humble heart.

And that brings us to Prayers of Praise which "...is the form of prayer which recognizes most immediately that God is God. It lauds God for his own sake and gives him glory...simply because HE IS."

These types/forms of prayer also lead us to understand how to pray. We can simply follow one of the forms above or a combination. We can attend Mass which in "The Eucharist contains and expresses all forms of prayer..." Or pray the Psalms, not just read but pray the Book of Psalms since all Psalms are prayers or pray the Our Father, the prayer that Jesus taught us, but that is our topic for next week.

Yours in Prayer, Deacon Bernie



WEEKLY SCHEDULE
Sunday, July 13
FIFTEENTH SUNDAY IN ORDINARY TIME
Dt 30:10-14 / Col 1:15-20 / Lk 10:25-37
Vocation Intention - Spirituality Year Seminarians
7:00 a.m. St. Anthony Mass **+Marcella Schumacher**
9:00 a.m. St. Anthony Mass **+Robert Quint**
12:00 p.m. St. Anthony Sp Mass **+LaVern Lambrecht**

Monday, July 14
Saint Kateri Tekakwitha, Virgin
Ex 1:8-14, 22 / Mt 10:34-11
Vocational Intention - 1st & 2nd Year Philosophy Seminarians

Tuesday, July 15
St. Bonaventure, Bishop & Doctor of the Church
Ex 2:1-15a / Mt 11:20-24
Vocational Intention - 1st & 2nd Year Theology Seminarian Pts
8:00 a.m. St. Anthony Mass **+Bill, +Jody, & +Dan Etl**
5:00 p.m. Liturgy of the Hours—Associates of the Sisters
of St. Francis-All welcome (lift door - Parish Center)

Wednesday, July 16
Ex 3:1-6, 9-12 / Mt 11:25-27
Vocational Intention - 3rd & 4th Year Theology Seminarians
8:00 a.m. St. Anthony Mass **John & Carol Lambrecht**
9:00 a.m. Legion of Mary (lift door - Parish Center)

Thursday, July 17
Ex 3:13-20 / Mt 11:28-30
Vocation Intention – Vocations Ministry
8:00 a.m. St. Anthony Mass **+Joe & +Lou Dugosh**

Friday, July 18
Ex 11:10—12:14 / Mt 12:1-8
Vocation Intention - Pastoral Year Seminarians
8:00 a.m. St. Anthony Mass **+Jim & +Rose Talbot**

Saturday, July 19
Ex 12:37-42 / Mt 12:14-21
Vocation Intention - 1st & 2nd Year College Seminarian
5:00 p.m. St. Anthony Mass **+Harold Unrein**

Sunday, July 20
SIXTEENTH SUNDAY IN ORDINARY TIME
Gn 18:1-10a / Col 1:24-28 / Lk 10:38-42
Vocation Intention - Spirituality Year Seminarians
7:00 a.m. St. Anthony Mass **+Margaret “Lorrie” Frick**
9:00 a.m. St. Anthony Mass **+Larry Howard**
12:00 p.m. St. Anthony Sp Mass **+Jaime Garcia**

“As “pride is the beginning of all sin,” (Eccl. x, 15) so
humility is the foundation of all virtue. Learn to be really
humble and not, as the hypocrite, humble merely in
appearance.”
— Saint Bonaventure, Holiness of Life



If you or someone you know is struggling & would like to talk
to a counselor, St. Raphael Counseling is there to help. They
are in Denver, at (720)377-1359, and can schedule a free
consultation.

Baptism: Baptism forms are available online at our website:
saintanthonyssterling.org. Please complete all forms, including the
godparent forms, and return them to the parish office.

Sacrament of Marriage: Notify the Parish office eight months in
advance of proposed marriage date to allow for adequate preparation.

Anointing of the Sick: Please notify the Parish office if someone is ill,
homebound, or in need of the sacrament.

Quinceañera Ministry: Please call Caroline Lopez 970-522-9438 for
any questions or interest in celebration. Notify at least one year in
advance of proposed date for adequate preparation.

St. Anthony Pastoral Council Members: Eddie Baughman,
Cyler Beeson, Mike Ehrmann, Bernice Reed, Mark Unrein, &
Bobbi Zen.

St. Anthony Finance Council Members: Les Archuleta,
David Lorenzo, Ron Marostica, Kristin Nichols, & Adam Rose.

Parish Office Hours
Monday - Friday 8:00 am – Noon, 1:00 pm - 4:00 pm
CLOSED 12:00 pm to 1:00 pm
(970)522-6422

Let us remember those who are sick and suffering:

Jeremy Burgess, Kellie Geck, Bethany Rizzolo Gorneault,
Jimmy Schneider, Mary Koehler, Cindy Boren, Jaime Garcia,
Jim Brammer, Jan Cristello, Alice Folladori, Lisa Bellendir
To add someone to the prayer list please contact the parish office at (970)522-6422.
Names will remain on the list for a minimum of two weeks.



St. Anthony of Padua, Sterling
July 6 offertory: \$6,951.00
July 6 maintenance: \$6,248.00
We ask that you PLEASE use a separate check for
maintenance donations as those contributions go into a
different bank account. Thank you



Young at Heart will meet **Monday, July 14** at 6:00 pm. This is a week
early due to the Knights Hall being
unavailable July 21. Come join the fun and good
food. Bring what you would like to share to eat.



St. Anthony's Vacation Bible School starts
Monday, July 14 and goes thru Friday, July 18. You may register at the door
Monday morning.



The Knights of Columbus will be
gathering volunteers for the Beer
Garden once again after each weekend
Mass through the month of July. We
thank everyone who helps to make this
fundraiser such a success each year!

Special
Announcements



Father Martin has announced Mass time changes
beginning July 20 for both St. Catherine and
Sacred Heart. These changes are permanent.
Sunday Mass at **Sacred Heart** will be held at **8:00am**
every Sunday.
Sunday Mass at **St. Catherine** will be held at
10:00am every Sunday.

Father Tim has announcements affecting **St. Anthony**
starting Monday, July 14.
There will **no longer be daily Mass on Monday and**
Saturday. Daily Mass Tuesday through Friday will
now be held at **8:00am.**

Weekend Mass times remain the same, with
Saturday evening Mass at 5:00pm, Sunday Masses at
7:00am, 9:00am, and Noon Mass in Spanish with Father
Martin.

Confessions will be held on Saturdays only,
beginning at 9:00am. Anyone requesting confession
at a time/day outside of the schedule will be heard by
appointment only.

Deacon Bernie will hold **Communion Service**
Mondays at 8:00am when he is in town. Currently
he will be here **Monday, July 14 at 8:00am, and**
Monday, July 21 at 8:00am. We will post his
availability as we are notified.

With the changes being made to the Mass schedules we
will be rescheduling Mass intentions from those deleted
Masses. Our every intention is to go in calendar order,
and move the first intention from the deleted Mass to
the first available open date. If you have Mass intentions
that could be affected, and you had asked for a specific
date please call the parish office at (970)522-6422
during regular business hours and ask for Juli. She will
do her very best to accommodate your wishes for your
loved ones.

Thank
You

I want to express my
gratitude to all of you
who came to our farewell
celebration, and to all
who kindly wrote me a
note and gave me generous gift. May God bless each
and every one of you. Father Enrique 🙏

St. Catherine of Siena, Iliff
www.saintcatherinesiliff.org
July 6 offertory: \$991.00



Sunday, July 20 10:00am
SIXTEENTH SUNDAY IN ORDINARY TIME
Gn 18:1-10a / Col 1:24-28 / Lk 10:38-42

Mass intentions for the repose
of the soul of Peggy Zink
Sacristans: The Luecks
Lector: Kelsey

Servers: Camden, Ethan, & Jordan
EMHC: Jonna, Naomi, & Peggy
Gift Bearers: Kelsey & Naomi Stumpf Family
Coffee and Rolls 4th Sunday of the month after Mass
St. Catherine Finance Council: Tim Anderson, Randy Cerk, & Tom Hiss

Sacred Heart, Deetz
www.sacredheartpeetz.org.org
July 6 offertory: \$821.00
Sunday, July 20 8:00am
SIXTEENTH SUNDAY IN ORDINARY TIME
Gn 18:1-10a / Col 1:24-28 / Lk 10:38-42



Mass intentions for the repose of
the Soul of Cecilia Martin
Sacristan: Melinda
Lector: Linnae Brown
Servers: Henry Sinnet,
Colton & Grayson Sintler
Gift Bearers: Meier Family

Coffee & Donuts 1st Sunday of the month after Mass
Church Potluck 4th Sunday of the month after Mass
Sacred Heart Fin. Council: R Fehringer, E Gardiner, & P. Schumacher

"Saint Kateri, Lily of the Mohawks, pray that we may become like
you in your love for Jesus and your respect for God's creation.
Help us to grow in faith and find the strength to live a holy life."

Advertiser of the Week:



STERLING VACUUM
Sewing Machines & Vacuums

Sales & Service
(970) 522-9696
Broadway Plaza
Shopping Center

Please submit announcements by 8:00 am Thursday for that weekend's
bulletin. Email: parish@saintanthonyssterling.org

 <p>Lorenzo APOTHECARY 970-522-0828 David Lorenzo RPH Professional Pharmacy - Compounding Pharmacy 306 Main Street, Sterling, CO 80751</p>	<p>CHANEY-REAGER FUNERAL HOME AND CREMATORY 522-2111</p>	<p>PLATTE RIVER TIRES INC. SCOTT BITTLER 313 E CHESTNUT ST. / HY6 STERLING CO. 80751 (970) 521 - 6500 SCOTT_BITTLER@HOTMAIL.COM PLATTERIVERTIRES.COM</p>	<p>Devonshire Acres Since 1979 Rehab. Therapy/Skilled Nrsng Assist. Living/Apartments 970-522-4888</p>	<p>STERLING VACUUM Sewing Machines & Vacuums Sales & Service (970) 522-9696 Broadway Plaza Shopping Center</p>
<p>HEATING AND AIR CONDITIONING SERVICE & REPAIR</p>  <p>STERLING HVAC SERVICE LLC Gerry Schaefer (970) 521-0821</p>	<p>MARI BROS. INC. Merino, CO. GoldenHarvest® (970) 520-6528 Bob 2383 County Road 29 (970) 520-6877 Rod Merino, CO 80741 maribrosfarms@gmail.com</p>	<p>MIKE'S STORAGE LLC Containers & Trailers (for lease or sale) Mini Storage (various sizes) Mike Weingardt - Owner 803 S. 10th • Sterling, CO 80751 (970) 466-0118 or (970) 522-3565 (Evenings & week ends)</p>	<p>WASSON ENTERPRISES, LLC Handy Man Services Mike Wasson 17801 Westwood Ct 720-308-6682 Sterling, CO 80751 mwasson1234@gmail.com</p> 	<p>FAMILY Food Market 970-522-2904 217 S. 3rd Ave-Sterling, CO</p>
<p>COOPERTIRES H - R TIRE CO., INC. 522-4829</p>	<p>Cecilia's Kitchen & JIMMY'S PIZZA All Cuisine & Daily Specials Lunch & Specialty Dinner Buffets and Salad Bar See us for your banquet & catering needs. Carlos and Cecilia Caro 100 Broadway, Suite #1B 970-522-1721 Sterling, CO 80751 jimmyssterling@yahoo.com</p>	<p>ARK PET CREMATORY 522-7344</p>	<p>WINDSHIELD EXPERT INSTALLATION SMART PARTS Jim & Troy Gerk 375 Harmony Frontage Rd. 522-5399 Sterling CO</p>	<p>Rodine Communications 970-522-5097 www.rodine.com</p>
<p>A & A RENTAL, LLC Contractors/Homeowners Rental Center Lawn & Garden Equipment Skid Steer loaders-Backhoes-Trenchers U-HAUL RENTALS 918 Sidney Ave 522-2937 Matt Krier</p>	<p>BETTER Electric, Inc. 970-521-1030 Tom Kiel Jason Koester Kevin Wagner</p>	<p>Call Phone (970)520-1621 KOEHLER DRAIN SERVICE Doug Koehler - Owner 13721 CR 37 P.O. Box 444 Sterling, CO 80751 Voice: (970) 522-6874 Pager: (970) 521-1630</p>	<p>S & S AutoRepair LLC Trey Becker, Owner 970-526-2668 115 Broadway St Sterling, CO 80751 sandsrepair.com s-repair@hotmail.com</p>	<p>McDonald and Keil Physical Therapy 970-522-7743 Rose & Mark McDonald</p>
<p>HERZOG AUTOMOTIVE Your Complete Automotive Care Center 415 S. 10th Ave. Sterling, CO 522-0957</p>	<p>Culligan Water Dan Sutter / Ty Baseggio 970-522-0414</p>	<p>Bayley Mechanical Heating & A/C Service, Repair, Replace, Install 522-0471</p>	<p>Thank you to all the Bulletin Sponsors!</p>	<p>Remember St. Catherine Parish in your will</p>
<p>Sterling MEDCARE Home Health, Inc. The Art and Heart of Caring 614 S. 10th Ave. Sterling, CO 80751 Locally Owned Michelle Cox, Admin. 522-6807</p>	<p>We repair all Makes and Models of Trailers COLT TRAILER SERVICE LLC 515 East Chestnut (970) 522-4830 (970) 522-2899 fax SUPPLIES REPAIR colttrailer@gmail.com P.O. Box 529, Sterling, CO TOM SHELTON (PARTS) TIM CARLETON (SERVICE MGR.)</p>	<p>The J & L Cafe 423 N. Third St., Sterling, CO 970-522-3625 OPEN 5:15 AM - 8 PM</p>	<p>Reliable Service. Competitive Rates HUSS Mowing Service David Huss (970)520-3522</p>	<p>DREW MARI Offering Retirement and Insurance Solutions Health Insurance Permanent Life, Term Life & Annuities ANDREW.MARI@FFIG.COM 970-571-1800</p>
<p>AREA WIDE REALTY Broker Associate Joe McBride Cell (970) 580-0285 Office (970) 522-9727 www.areawiderealtyonline.com joe@areawiderealtyonline.com</p>		<p>CARPET COMFORT CENTER™ Residential & Commercial All Types of Flooring Sandie Kerr Owner Serta Mattress Sets (970) 522-0373 100 Broadway Suite 9 FAX: 522-4632 Sterling, CO 80751 7:30-5:00 or by appt. M-S</p>	<p>Knights of Columbus Sterling Council No. 1559 Gr. Knight: Robert Schell Fin. Secretary: Dennis Boren Meeting Nights 2nd & 4th Thurs Rosary 7:00pm Meeting 7:30pm Knights of Columbus Hall</p>	<p>SCHLENZ BUILDERS, INC 1026 N Division Ave. 522-4535</p>
<p>Remember Sacred Heart Parish in your will</p>	<p>B & J Plumbing & Heating 236 North Second St. Sterling, CO 970-522-3828</p>	<p>Remember St. Anthony Parish in your will</p>	<p>Please name The Catholic Foundation in your will for the benefit of our parishes.</p>	<p>Northeast Plains Home Health Care, LLC Rose & Mark McDonald, owners 522-3045</p>
<p>FLEMING AUTO SALES Sterling, Colorado 522-5242 Serving you Since '72</p>	<p>Pregnant? Need help? Call Project Gabriel 1-800-713-3021</p>	<p>Great Western Tire 1020 West Main St. Sterling, CO 80751 970-522-4141 gwtsterling@st-tel.net</p>	<p>High Plains Diesel Service Sterling, Colorado (970)521-9682</p>	<p>TENNANT FUNERAL HOME & CREMATORY 522-3544</p>