



## SAINT ANTHONY

*Our Mission: May Christ's grace renew us to exercise His gifts. (see Rom 12:4-6)*

**Reverend Timothy Hjelstrom**  
**Reverend Martin Frias-Guardado**  
**Deacon Ronald Michieli**  
**Deacon Bernard Schwartz**  
 326 South 3rd St.  
 Sterling, Colorado 80751  
 (970)522-6422

For Sacramental Emergencies,  
 please call (970)522-6422

Church Email: [parish@saintanthonyssterling.org](mailto:parish@saintanthonyssterling.org)  
 Church Website: [www.saintanthonyssterling.org](http://www.saintanthonyssterling.org)

### Holy Mass

Saturday Vigil .....5:00 p.m.  
 Sunday.....7:00 a.m., 9:00 a.m.  
 Domingo (en Español)..... 12:00 p.m.  
 Tue., Wed., Thu., Fri..... 8:00 a.m.

### Sacrament of Reconciliation:

Saturday..... 9:00 a.m.

### First Friday—Eucharistic Exposition



## SACRED HEART

Physical Address: 621 Logan St., Peetz, CO

### Eucharistic Celebrations:

Sunday .....8:00 a.m.

### Sacrament of Reconciliation:

Sunday.....7:30 a.m.



## SAINT CATHERINE OF SIENA

Physical Address: 111 S. 5th St., Iliff, CO

### Eucharistic Celebrations:

Sunday.....10:00 a.m.

### Sacrament of Reconciliation:

Sunday .....9:30 a.m.

## Essays on Prayer number 3 July 20, 2025



Today we discuss the “Our Father”, the prayer that Jesus taught us. This prayer is found in Matthew, the Sermon on the Mount, and has seven petitions. Thomas Aquinas tells us “The Lord’s Prayer is the most perfect of prayers...we ask, not only for all the things we can rightly desire, but also in the sequence that they should be desired....”.

We will go through the Our Father phrase by phrase to gain a deeper understanding of the prayer. All the following is taken from the Catechism of the Catholic Church except where noted.

“Our Father” – we, children of God, pray together to God in humility. We pray in a father-child covenantal relationship to “...the Father of our Lord Jesus Christ.”.

“Who Art in Heaven” – not a place but a state of being, God is majestic, He transcends everything. Augustine says “...rightly understood to mean that God is in the hearts of the just, as in his holy temple.”. Heaven is where God dwells.

### THE SEVEN PETITIONS

“Hallowed Be Thy Name” – we recognize that even God’s name is holy. This petition can be understood as praise and thanksgiving but is also a petition, a desire and an expectation. “...our life and our prayer...” depend on “The sanctification of his name....” as “We ask God to hallow his name, which by its own holiness saves and makes holy all creation....It is this name that gives salvation to a lost world.” St Peter Chrysologus.

“Thy Kingdom Come” – The Kingdom of God “...lies ahead of us.... [and] has come in Christ’s Death and Resurrection.” (a paradox). Here we refer to the Kingdom of God coming in glory and “...the final coming of the reign of God through Christ’s return.”

“Thy Will Be Done On Earth As It Is In Heaven” – The Will of God is to love God and love our neighbor. “By prayer we can discern “what is the will of God” and obtain the endurance to do it.”.

“Give Us This Day Our Daily Bread” – the trust of children in relationship with the Father. A petition and a prayer of intercession for all to be given nourishment, both material and spiritual.

“And Forgive Us Our Trespasses, As We Forgive Those Who Trespass Against Us” – Remarkable, we are asking that “...our petition will not be heard unless we have first...” forgiven others. If we do not forgive others “...our hearts are closed and their hardness makes them impervious to the Father’s merciful love....”.

“And Lead Us Not Into Temptation” – The Greek here actually means “do not allow us to enter into temptation” and “do not let us yield to temptation.” God does not and will not “lead” us into temptation.

“But Deliver Us From Evil” – We pray “...for the deliverance of the whole human family.” from evil, Satan, the Evil One and know that evil is not an abstraction but is real.

Yours in prayer. Deacon Bernie



**WEEKLY SCHEDULE**  
**Sunday, July 20**  
**SIXTEENTH SUNDAY IN ORDINARY TIME**  
**Gn 18:1-10a / Col 1:24-28 / Lk 10:38-42**  
*Vocation Intention - Spirituality Year Seminarians*  
7:00 a.m. St. Anthony Mass **+Margaret “Lorrie” Frick**  
9:00 a.m. St. Anthony Mass **+Larry Howard**  
12:00 p.m. St. Anthony Sp Mass **Jaime Garcia**

**Monday, July 21**  
**Ex 14:5-18 / Mt 12:38-42**  
*Vocational Intention - 1st & 2nd Year Philosophy Seminarians*  
8:00 a.m. St. Anthony Comm. Service **+John & +Kimmy Mari, Rita Heimbegner**

**Tuesday, July 22**  
**Saint Mary Magdalene**  
**Sg 3:1-4b / Jn 20:1-2, 11-18**  
*Vocational Intention - 1st & 2nd Year Theology Seminarian Pts*  
8:00 a.m. St. Anthony Mass **+Walt, +Mary, +Vin Unrein**  
5:00 p.m. Liturgy of the Hours—Associates of the Sisters of St. Francis-All welcome (lift door - Parish Center)

**Wednesday, July 23**  
**Ex 16:1-5, 9-15 / Mt 13:1-9**  
*Vocational Intention - 3rd & 4th Year Theology Seminarians*  
8:00 a.m. St. Anthony Mass **+Lois McMahon**  
9:00 a.m. Legion of Mary (lift door - Parish Center)

**Thursday, July 24**  
**Ex 19:1-2, 9-11, 16-20b / Mt 13:10-17**  
*Vocation Intention – Vocations Ministry*  
8:00 a.m. St. Anthony Mass **+Micky Szabo**

**Friday, July 25**  
**Saint James, Apostle**  
**2 Cor 4:7-15 / Mt 20:20-28**  
*Vocation Intention - Pastoral Year Seminarians*  
8:00 a.m. St. Anthony Mass **+Rosemary Schlenz**

**Saturday, July 26**  
**Saints Joachim and Anne, Parents of the Blessed Virgin Mary**  
**Ex 24:3-8 / Mt 13:24-30**  
*Vocation Intention - 1st & 2nd Year College Seminarian*  
9:00 a.m. Confessions - St. Anthony Church  
5:00 p.m. St. Anthony Mass **+Alex & +Betty Sewald, +Diana Shino**

**Sunday, July 27**  
**SEVENTEENH SUNDAY IN ORDINARY TIME**  
**Gn 18:20-32 / Col 2:12-14 / Lk 11:1-13**  
*Vocation Intention - Spirituality Year Seminarians*  
7:00 a.m. St. Anthony Mass **Paul & Kim Lambrecht**  
9:00 a.m. St. Anthony Mass **+Bill, +Jody, & +Dan Etl**  
12:00 p.m. St. Anthony Sp Mass **+Fidel, +Dee, and +Dennis Chavez**



If you or someone you know is struggling & would like to talk to a counselor, St. Raphael Counseling is there to help. They are in Denver, at (720)377-1359, and can schedule a free consultation.

**Baptism:** Baptism forms are available online at our website: [saintanthonyssterling.org](http://saintanthonyssterling.org). Please complete all forms, including the godparent forms, and return them to the parish office.

**Sacrament of Marriage:** Notify the Parish office eight months in advance of proposed marriage date to allow for adequate preparation.

**Anointing of the Sick:** Please notify the Parish office if someone is ill, homebound, or in need of the sacrament.

**Quinceañera Ministry:** Please call Caroline Lopez 970-522-9438 for any questions or interest in celebration. Notify at least one year in advance of proposed date for adequate preparation.

**St. Anthony Pastoral Council Members:** Eddie Baughman, Cyler Beeson, Mike Ehrmann, Bernice Reed, Mark Unrein, & Bobbi Zen.

**St. Anthony Finance Council Members:** Les Archuleta, David Lorenzo, Ron Marostica, Kristin Nichols, & Adam Rose.

**Parish Office Hours**  
Monday - Friday 8:00 am – Noon, 1:00 pm - 4:00 pm  
**CLOSED 12:00 pm to 1:00 pm**  
(970)522-6422

**Let us remember those who are sick and suffering:**  
Chip Steger, Jeremy Burgess, Kellie Geck, Bethany Rizzolo Gorneault, Jimmy Schneider, Mary Koehler, Cindy Boren, Jaime Garcia, Jim Brammer, Jan Cristello, Alice Folladori, To  
add someone to the prayer list please contact the parish office at (970)522-6422.  
Names will remain on the list for a minimum of two weeks.



**St. Anthony of Padua, Sterling**  
**July 13 offertory: \$5,396.00**  
**July 13 maintenance: \$ 743.00**  
We ask that you PLEASE use a separate check for maintenance donations as those contributions go into a different bank account. Thank you



The Knights of Columbus will be gathering volunteers for the Beer Garden once again after each weekend Mass through the month of July. We thank everyone who helps to make this fundraiser such a success each year!



**Desea contactar al Padre Martin**  
Horas de oficina, Sterling, CO  
Miércoles y viernes 10:00 am – 2:00 pm  
Para contactar al Padre Martin llamar a los teléfonos:  
970-522-6422 Ext. 228 en Sterling  
970-334-2227 en Peetz

Si no le contesto deje su nombre, número de teléfono y un breve mensaje, yo me comunicare con usted.

Gracias y Dios los bendiga 🙏

Special  
Announcements



**Father Martin** has announced Mass time changes **beginning July 20** for both St. Catherine and Sacred Heart. These changes are permanent. Sunday Mass at **Sacred Heart** will be held at **8:00am every Sunday.**

Sunday Mass at **St. Catherine** will be held at **10:00am every Sunday.**

**Father Tim** has announcements affecting **St. Anthony starting Monday, July 14.**

There will **no longer be daily Mass on Monday and Saturday. Daily Mass Tuesday through Friday** will now be held at **8:00am.**

**Weekend Mass times remain the same,** with Saturday evening Mass at 5:00pm, Sunday Masses at 7:00am, 9:00am, and noon Mass in Spanish with Father Martin.

**Confessions will be held on Saturdays only, beginning at 9:00am.** Anyone requesting confession at a time/day outside of the schedule will be heard by appointment only.

**Deacon Bernie** will hold **Communion Service Mondays at 8:00am** when he is in town. Currently he will be here **Monday, July 14 at 8:00am, and Monday, July 21 at 8:00am.** We will post his availability as we are notified.

With the changes being made to the Mass schedules we will be rescheduling Mass intentions from those deleted Masses. Our every intention is to go in calendar order, and move the first intention from the deleted Mass to the first available open date. If you have Mass intentions that could be affected, and you had asked for a specific date please call the parish office at (970)522-6422 during regular business hours and ask for Juli. She will do her very best to accommodate your wishes for your loved ones.

*Thank You*

I want to express my gratitude to all of you who came to our farewell celebration, and to all who kindly wrote me a note and gave me a generous gift. May God bless each and every one of you. Father Enrique



**St. Catherine of Siena, Iliff**  
[www.saintcatherinesiliff.org](http://www.saintcatherinesiliff.org)  
**July 13 offertory: \$821.00**  
**Sunday, July 27 10:00am**



**SEVENTEENH SUNDAY IN ORDINARY TIME**  
**Gn 18:20-32 / Col 2:12-14 / Lk 11:1-13**  
**Coffee and Rolls after Mass**  
**Mass intentions for the repose of the Soul of Leo “Shorty” Stieb**  
**Sacristan: Sandy**  
**Lector: Faye**

**Servers: Aly, Bailey, and Joey**  
**EMHC: Jeri, Sonny, and Tim**  
**Gift Bearers: Tom and Sandy Wirges**  
**Coffee and Rolls 4th Sunday of the month after Mass**  
**St. Catherine Finance Council: Tim Anderson, Randy Gerk, & Tom Huss**

**Sacred Heart, Peetz**

[www.sacredheartpeesit.org](http://www.sacredheartpeesit.org)

**July 13 offertory: \$1636.00**

**Sunday, July 27 8:00am**

**SIXTEENTH SUNDAY IN ORDINARY TIME**

**Gn 18:1-10a / Col 1:24-28 / Lk 10:38-42**

**Church Potluck after Mass**

**Mass intentions for**

**Deacon Ron Michieli**

**Sacristan: Kristy**

**Lector: Evelyn Gardiner**

**Servers: Conrad Roelle,**

**Eli and Tyler Wanberg**

**Gift Bearers: Derek Weimer Family**

**Coffee & Donuts 1st Sunday of the month after Mass**

**Church Potluck 4th Sunday of the month after Mass**

**Sacred Heart Fin. Council: R Fehringer, E Gardiner, & P. Schumacher**



The Knights of Columbus will conduct their annual training for all 2025 Beer Garden volunteers Wednesday, July 23 at 7:00pm in the KofC hall. We look forward to seeing you there.

**Advertiser of the Week:**

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**Gerry Schaefer**  
**(970) 521-0821**

Please submit announcements by 8:00am Thursday for that weekend's bulletin. Email: [parish@saintanthonyssterling.org](mailto:parish@saintanthonyssterling.org)



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<p><b>Remember Sacred Heart Parish in your will</b></p>	<p><b>B &amp; J Plumbing &amp; Heating</b> 236 North Second St. Sterling, CO 970-522-3828</p>	<p><b>Remember St. Anthony Parish in your will</b></p>	<p><b>Please name The Catholic Foundation in your will for the benefit of our parishes.</b></p>	<p><b>Northeast Plains Home Health Care, LLC</b> Rose &amp; Mark McDonald, owners <b>522-3045</b></p>
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